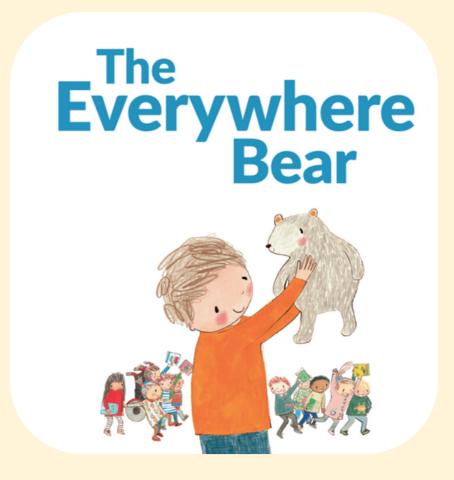


## Teacher Resource Pack



A Polka Theatre, Little Angel Theatre and Royal & Derngate, Northampton production.

Based on the book by **Julia Donaldson** and illustrated by **Rebecca Cobb.**Directed by **Peter Glanville.** 





@SchoolsPolka

## **Hello from Polka!**

#### Dear Teacher/Parent/Carer,

We are so pleased that you came to visit us at Polka Theatre for **The Everywhere Bear.** We hope you enjoyed seeing the production and visiting our venue.

Here are a few activities to do with your children after you have seen the performance. These exercises are creative and drama based, which is good for developing speaking and listening skills, as well as expanding concentration and imagination.

Included in the pack are activities which are suitable for EYFS and KS1 children to do in class, and some extra fun activities for your children to do at home to encourage and engage creative minds!

We would love to hear what you think about these exercises and how your children got along. Please send any feedback to creativelearning@polkatheatre.com.

We look forward to seeing you again soon, Polka Theatre's Creative Learning Team

Key
Curriculum
Links EYFS &
KS1
(Ages 2-7)

Key themes of friendship and loss. Links to Citizenship and PSHE Education Programme of Study. Managing emotions, encouraging positive friendships and family relationships. Building on own experiences to aid personal, social and emotional development.

- To share opinions on things that matter to you and learn from experiences.
- To treat yourself and others with respect, how to be kind and have courage.
- To understand the importance of imagination and creativity.
- To consider how we deal with feelings in a positive way.



## **Warm Up Games**

## **Tongue Twisters**



This activity is great for waking up the mind and voice at the start of the day and energising the group. Tongue twisters encourage concentration and increases vocabulary.

#### How to lead the activity:

This warm up can start sitting down at desks or standing up in a circle.

Start the game by explaining to the children that tongue twisters help us warm up our voices and facial muscles, even professional actors always do them before going on stage.

Firstly, break the sentences down below and repeat them slowly and clearly to the children.

Once everyone is comfortable with the whole sentence, the children can practice saying it over and over again, getting faster every time.

Bus rides with April and horse rides with May
Burgers with Billy and jelly with Jay
With Leo and Theo he tinkles a tune.
He bounces with Bev and does handstands with Holly
At Lily's they let him be lovely and lazy

You may want to suggest to the children to practice using different emotions and expressions when speaking the tongue twisters. For example, happy, sad, slow motion, fast forward.



# Have You Got Your Bear Growl?



This activity is great for for encouraging children to use and experiment with intonation and the volume of their voices in a fun and imaginative way. It develops pupil's oral vocabulary and encourages them to speak clearly and confidently, and to recognise and join in with predictable phrases.

#### How to lead the activity:

This warm up starts with the children standing up in a space in the room.

The teacher begins by asking the children "have you got your bear growl?"

The children must respond in unison, "yes, I've got my bear growl!" Then they give their best bear growl.

The teacher may want to add adjectives to make different bear growls. For example you may want to try:

Loud Angry Quiet Bored Excited

This can also act as a stopping signal in the class if you need to get the children's attention.

Once the children have got the hang of this, the teacher can choose individual children to suggest adjectives and voices for different characters.





## **One Word Storytelling**



This activity is great for improving communication and storytelling skills. The children are encouraged to build a story as part of a team which requires them to listen and respect ideas. This will help build confidence within teamwork and sharing ideas.

#### How to lead the activity:

The children start this exercise standing up or sitting down in a circle in the classroom.

The teacher starts off by reminding the children that the Everywhere Bear goes on all sorts of adventures during the show; they go to school, they get washed down a drain, they go into the sea, they go to the fish shop, they go to the library...

The teacher will explain that it is now the children's turn to think of some new adventures for the Everywhere Bear to go on! The children will then go round in a circle and take it in turns to say one word each to create a new story for the Everywhere Bear.

Eventually, the story will build and build until the children feel the story comes to an end.

The teacher may want the children to reflect on each of their stories and can do this by asking questions like, what was their favourite story? Where did they take the Everywhere Bear?





## **Three Terrific Things!**



This game is great for getting children to think quickly and use their voices. Speech and language skills give children a baseline of emotional security and confidence. Developing through play is a great way to instil children with a love of learning and positive mindset towards education.

#### How to lead the activity:

The children start this game by sitting down at their desk and will then stand up when it is their turn to speak.

The teacher will start off by choosing a category for the game. Examples could include:

Things that you find at school
Things that you find in the sea
Things that you find in a rubbish bin
Things that rhyme with bear

The teacher can then ask the children whether anyone would like to go first. The teacher can remind the children that everyone will have a go!

The child who goes first must then call out things that belong in the category within a set time limit. For example, the time limit could be 20 seconds, but can be extended for younger children.

If a child gets stuck, they can ask for help by putting their hands on their head which invites other children to raise their hands to contribute.





### **More Activities!**

## Mrs Bishop's Fish



This activity is great for encouraging imaginative play and embracing creativity. Role play enables children to develop confidence in speaking and responding, which improves communication and language skills.

#### How to lead the activity:

This activity starts with the children sat down at their desks. The teacher will need to print a coloured fish template for each child (see end of pack), and have colouring pencils out for the children to use.

The teacher will ask the children to colour in their fish template. They can make it as creative and colourful as they like! Once they have done this, they will then need to carefully cut out their fish template.

For the next part of this activity, the children will need to work in pairs. One child will be Mrs Bishop working in the fish shop and the other child will be a customer at the shop.

The teacher can instruct the customer children to buy two fish (coloured-in templates) from Mrs Bishop. Using role play and their imaginations, the children can pretend to be in Mrs Bishop's fish shop!

For older children, the teacher may want to develop this activity further by including the price of the fish. The teacher can hand out pretend money so the children have to work out how much money is needed to pay and if there is any change to give!





## **Spot The Rhyme!**



This activity is great for getting children to think about creative language. The children will be introduced to language features such as rhyme and rhythm.

#### How to lead the activity:

The activity starts with the children sat down at tables. You will need either pen or pencils for this activity.

The teacher will explain to the children that there are lots of rhyming words in the story of **The Everywhere Bear**. Rhyming words are words that sound the same when spoken out loud!

The teacher will then ask the children if they can circle the rhyming words below:

Nobody knew that the poor little fellow

Just like the street, had been painted bright yellow.

Nobody saw when a river of rain

Washed him and whoshed him head first down a drain.

And no one was there when the Bear with the stripe,

Dirty and dizzy, splashed out of the pipe.

Can the children think of more rhyming words to add in the table below?

Sun	One	
Bear	Chair	
Matt	Cat	
Wet	Net	



## **Memory Jar**

KS1

This activity is great for getting children drawing and encourages creativity through arts and crafts! Craft activities develop fine motor skills and the children will be encouraged to express themselves through creative fun.

#### How to lead the activity:

The activity starts with the children sat down at tables. The teacher will need to collect empty jam or pickles jars for the children to decorate. The children will also need glue, tissue paper, colouring pens and any other craft resources for decoration.



The teacher may want to remind the children that the Everywhere Bear goes on an amazing journey to lots of different places during the show and creates lots of memories.



Now it is the children's turn to create a memory jar! This jar will help the children to keep their happy memories in a safe place, to look back on whenever they want.



Hand each child an empty jam or pickle jar. The children can now decorate the jar however they wish using tissue paper and colouring pens!

Once the children are finished, you can remind them that whenever they have a new happy memory, they can write it down or draw it on a piece of paper, fold it up and put it in the jar.

Why not take a photo of your memory jar and tag us at @SchoolsPolka



## **Story Order**



Ask the children whether they can remember the story of **The Everywhere Bear**. Can they cut out each of the sentences below and try to put them in the order that they happened?

The Everywhere Bear gets washed down a drain!

Bethany Burke finds the Everywhere Bear and takes it into the library

Matt is walking to school on a rainy day and the Everywhere Bear falls out of his school bag!

Mrs Bishop collects fish for her shop, finds the Everywhere Bear in a box and throws him into a skip

Mrs McAllister teaches Class One at School and the new boy Matt is given the Everywhere Bear to take home

A lorry takes the skip to the tip where a Seagull finds the Everywhere Bear and picks him up

Class One go to the library, and Matt finds Everywhere Bear in the libraries lost property

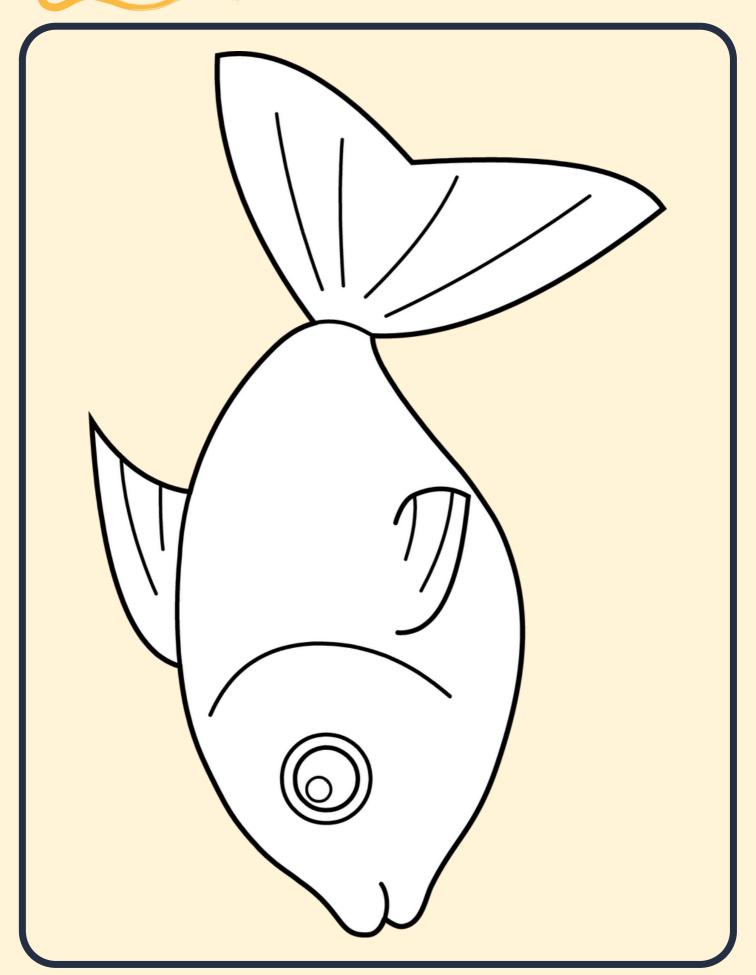
Seagull and the Everywhere Bear fly over the town and Seagull drops the bear onto the front steps of the library

The Everywhere Bear falls from a pipe into the sea!

Fishermen catch the Everywhere Bear in their net with all the fish

The Everywhere Bear sits back on the shelfin Class One









We hope these activities have been useful to help bring a bit of The Everywhere Bear back to your classrooms!

We can also provide plenty of opportunities for follow-up activities. Polka's experienced team of actors, directors, storytellers and puppeteers are on hand to deliver a range of workshops in your school.

We can create tailor-made workshops for you and your pupils based on any theme you like, including exploring the themes and production elements of the performance you have just seen!

For more information, please visit our website:

#### polkatheatre.com/schools

Or email creativelearning@polkatheatre.com to request a workshop enquiry form.

We look forward to seeing you at Polka Theatre again soon!

Best Wishes,

Polka Theatre's Creative Learning Team





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