

POLKA

A Polka Theatre production

# LET'S BUILD!



## A Note from Trina Haldar, Director of Let's Build

We are back with Let's Build! Created originally in 2023, when I was asked to create a visually led show, centred on building with global influences. A brilliant challenge!

With over 20 years of experience as a maker of children's theatre, running organisations, my work as a Giggle Doctor (yes, it's a thing!) and passion for representation on our children's stages, I was itching to get to work.

To bring the show to life, we turned to the most imaginative collaborators- local children. From the very start, we were immersed in an explosion of imaginative worlds, full of joy and play, some of which you will see and hear today. Einstein said, "The highest form of research is play," and this is where the seed of Let's Build took root.

So much development happens between the ages of 2-5 years, the world is new, our bodies change and we feel all of the emotions that will be with us throughout our lives. It is a lot! The best way to explore this? Through Clown. What is Clown? Well for me, Clowns are born from compassion, curiosity and big need to be loved, much like all of us and this show is for the clown in us all.

Inspiration came too, from Reggio Emilia. An influential Italian town, that post WWII, developed a globally recognised educational philosophy. It places children at its heart, as competent learners who construct their own knowledge.

Every Child has the right to play (UN Convention on the Rights of the Child) and access to this is crucial. Many objects here today are things you may find at home, yet to explore together, their infinite possibilities of play. We invite you to keep building at home and we'd love to hear about what you discover.

Today, we use minimal spoken language, though you might notice a variety of different languages. See if you can spot any. Instead, are characters communicate through the universal language of play.

It is wonderful to bring this show back with a phenomenal cast. Thanks to the whole creative team (including the original cast), who have made a show full of laughter, packed with imagination and just so joyful to watch over and over again.

To all children and our inner child: May we all be our best possible clown in the world and to each other.



# Cast



**Stasha Dukic**



**Kalungi Ssebandeke**

## Creative Team

Director	<b>Trina Haldar</b>
Set & Costume Designer	<b>Verity Quinn</b>
Composer & Sound Designer	<b>Arun Ghosh</b>
Lighting Designer	<b>Rajiv Pattani</b>
Stage Manager	<b>Katie Bingham</b>
Stage Manager	<b>Iona Hicks</b>
Set Construction	<b>Basement94</b>

## For Polka

Production Manager	<b>Adam Crosthwaite</b>
Technical Manager	<b>Peter Hatherall</b>
Theatre Technician	<b>Fergus O'Loan</b>
Wardrobe Manager	<b>Annie James</b>
Senior Producer	<b>Kate Bradshaw</b>
Artistic Director	<b>Helen Matravers</b>
Assistant Producer	<b>Abigayle Bartley</b>
Associate Director	<b>Roman Stefanski</b>

## From the rehearsal room



### Access

Read more about Access and Support at Polka [here](#)

- Relaxed: Sunday 8 June 10.30am

### Duration

Approximately 40 mins (inc. a play and build)

Please note no photography or recording is permitted during the performance. No food and drink is permitted in The Adventure Theatre.

## See the show, do the workshop!

### Build to the Beat!

Ages 0-4 | Tue 27 May | From £12\*

Build towers and tunnels in this soft play storytelling session.

### Comedy Clowning Workshop

Ages 4-6 | Thu 29 May | From £25\*

Learn the art of clowning and physical comedy through games and drama.