

POLKA
Where theatre begins...

FAMILY ACTIVITY PACK

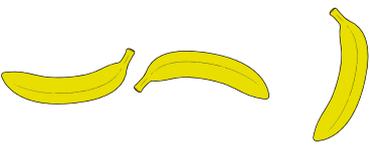


Gorilla

By Anthony Browne
Adapted for stage by Rachel Barnett

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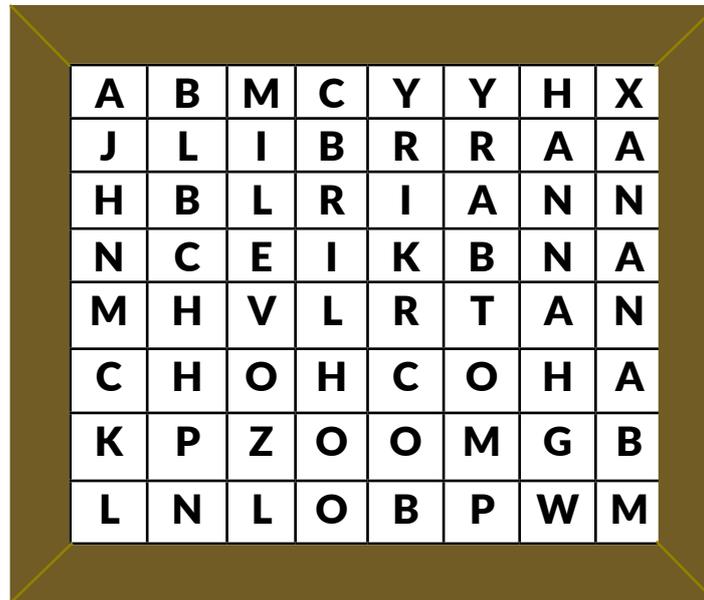
Recommended for ages 4+



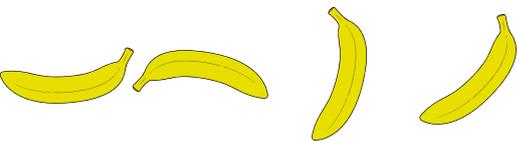
Hannah's Word Hunt



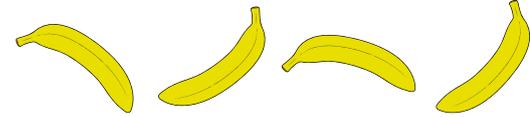
Can you find all 6 words from the story of Hannah and the Gorilla?



Answers: Banana; Cherry; Gorilla; Hannah; Polka; Zoo



Greedy Gorilla



Do you know what Gorillas love to eat? That's right - bananas!

The Gorilla in the story loves to eat lots and lots and lots of bananas.

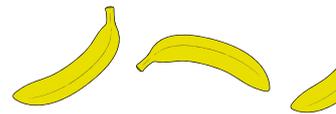
Can you remember the song in the production of Gorilla when Hannah and the Gorilla sing a song about bananas and all the yummy, scrummy food that they like to eat? You can play and download *Cherry on Top* at julianbutler.co.uk and as well as hear the wonderful songs from the show by Julian Butler.

Now let's make our own a Banana Ice Cream Sundae – yum yum!

Make sure you get a grown-up to help you with making this delicious dessert. You can try adding different fruits to make a blueberry or strawberry ice cream sundae or even a peach or pineapple flavoured one. Try more toppings too! You're sure to impress greedy gorilla family members each time!



Banana Ice Cream Sundae (serves 4)



Ingredients:

4 bananas

4 cherries (for on top!)

500ml plain natural or soya yoghurt

50g golden caster sugar

Small handful of pecan pieces to serve (optional)

Fudge/chocolate sauce or maple syrup to serve (optional)

What to do:

1. Slice two bananas and place in a blender or food processor and blitz with the yoghurt and sugar for 30 seconds or until smooth. (If you don't have a blender, that's ok, mashing up bananas is easy with a potato masher or even fork, then whisk or mix it thoroughly together with the yoghurt and sugar – this may take longer but will be worth it for the end result).
2. Freeze the banana mixture in a shallow container, whisking every 1-2 hours to break up the ice crystals. This process will ensure that your banana mixture turns into the banana ice cream that will form the base of your sundae.
3. Cut the other two bananas into slices (1 or 2 cm thick, depending on how chunky you'd like your banana).
4. To serve, layer the banana ice cream in four glasses.
5. Add the banana slices at different stages when you are layering the banana ice cream sundae so it is all mixed up.
6. Finish with drizzles of fudge or chocolate sauce or whatever sauce you like! Maple syrup would work nicely too. Pop some pecan pieces on top if you like extra crunch. And if you're like Hannah, add your cherry on the top!

**Before your greedy gorilla(s) tuck in, try
and take a photo and share it with us!**



If you greedy gorillas are still hungry then try out our banana bread too!

Ingredients

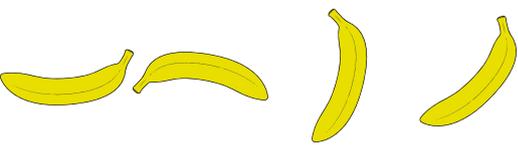
- An adult (to help you!)
- 140g butter, softened, plus extra for the tin
- 140g caster sugar
- 2 large eggs, beaten
- 140g self-raising flour
- 1 tsp baking powder
- 2 very ripe bananas

What to do:

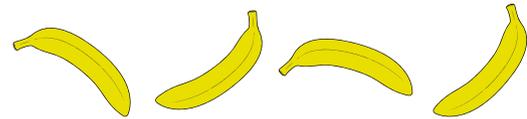
1. Preheat your oven to 180C/160C fan/gas 4
2. Line a 2lb loaf tin with baking parchment.
3. Mash up the bananas with the back of a fork
4. Cream together the butter and sugar until it looks light and fluffly
5. Add the eggs and 1tbsp of the flour and slowly mix together
6. Mix in the rest of the flour, the baking powder and the mashed bananas.
7. Put the mixture in the tin.
8. Bake for 30 mins. Ask your adult to help you take it out of the oven. You can tell it's done when you put a skewer into the middle and it comes out clean.

From our 2015 production





Independent Task Tally



Remember how Hannah loves gorillas and finds out about them all the time, even on her own? Hannah is learning how to be independent by being on her own and doing all sorts of tasks.

At the very beginning of the story we find out that: Hannah loves gorillas. She read books about gorillas, she watched gorillas on television, and she drew pictures of gorillas.

These are all independent tasks that Hannah enjoys doing.

How many independent tasks do you do at home? See if you can show your grown-up or another family member how many you can do by recording them in a weekly Independent Task Tally sheet like below – you can make some tasks trickier if you like the challenge!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
READ A NEW STORY			X		X
LEARNT A NEW DANCE		X			
DREW A PICTURE				X	
TIED MY SHOELACES	X		X		X
COMPLETED A PUZZLE OR JIGSAW			X	X	
PEELED AN ORANGE		X			
WROTE AN ADVENTURE STORY					X



Look at all the fruit in this fruit bowl

DRAW YOUR FAVOURITE FRUIT HERE!

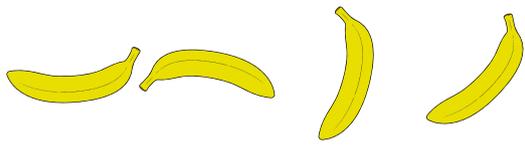


Remember what gorillas like to eat - can you spot them in the fruit bowl? What's your favourite piece of fruit? If it's not there, draw it in.

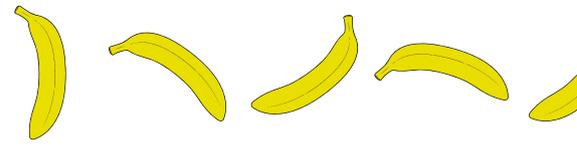
Can you draw your own fruit bowl at home? Think about the different shapes - some fruit is in the shape of a circle, some longer like an oval. Then think about the different sizes - some fruit is really small and some are great big shapes, like a pineapple - a large oval shape with spikes on top!

Now draw your own fruit bowl and then colour it in. There should be different colours as well as shapes and sizes.

This type of drawing where you are drawing still, household objects is called Still Life. You may have done some Still Life drawing already at school - it's realistic and fun to experiment with shapes and sizes - and always remember, practice makes perfect!



Fun Facts



At Polka we are nuts about Gorillas and we have found out some amazing facts about them

Gorillas are **herbivores** (this means they don't eat any meat) and they eat leaves, shoots, roots, vines and fruits.

They are **native to Africa**. (Cameroon, Central African Republic, Gabon, Equatorial Guinea and the Democratic Republic of Congo, to be precise).

Their **arms are longer than their legs** because this makes them much better at climbing trees.

There are four different types of gorillas: the **Eastern Lowland Gorilla**; the **Mountain Gorilla**; the **Western Lowland Gorilla**; and the **Cross River Gorilla**. They are all classed as **endangered**.

When gorillas go to bed at night, **they build a nest out of leaves** to sleep in. They sleep for **13 whole hours** a day!

Gorillas live in **family groups of between 6 and 12**, and these groups are called **troops** or **bands**. They are **very social animals**.

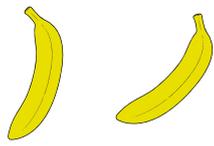
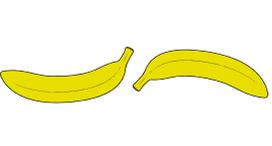
Each group has **one big male gorilla** who is in charge and decides when his group **wakes up, eats, moves and rests**. The big male gorilla is called a **silverback**, as they have a strip of grey hair on their back.

Gorillas can live for between **40 and 50 years**.

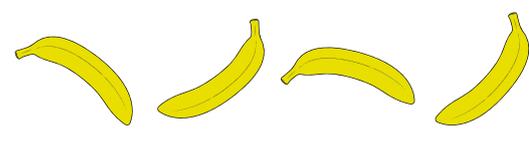
They can **use simple tools and learn sign language**, which means they are **very intelligent animals**.

Gorillas are **closely related to humans**. Our DNA is like a blueprint that tells us how to grow and what we will look like – **96% of human DNA is the same as Gorilla!** Scientists think this is because we **evolved from similar animals**.





Cherry on Top Song Lyrics



Listen to the original [recording on Spotify](#) by **Julian Butler** and sing along!

Nah nah nah nah nah banana
Nah nah nah.
Nah nah nah nah nah banana
Nah nah nah.
Nah nah nah nah nah banana
Nah nah nah.
Nah nah nah nah nah banana
Nah nah nah.

Biscuits are allowed I'm right,
Whatever you like.
Biscuits dunked in chocolate sauce will be
alright,
Whatever you like.
Biscuits dunked in chocolate, nuts and
raisins, pears & whatever you got,
Peaches, plums and pears with a cherry on
top.

Doesn't matter what you're doing where
you start or how you stop,
Life is a little bit better with a cherry on
top.

If chocolate biscuits are allowed then
chocolate bread must be OK
Chocolate drenched in chocolate if that's
what you say
A chocolate sundae!
Biscuits dunked in chocolate, nuts and
raisins, pears & whatever you got
Peaches, plums and pears with a cherry on
top.

Doesn't matter what you're doing where
you start or how you stop,
Life is a little bit better with a cherry on
top.

Ice cream sundae means ice cream,
And ice cream means an ice cream dream,
And ice cream screams for umpteen
reams,
Of tangerines and grenadine.
Biscuits dunked in chocolate, nuts and
raisins, pears & whatever you got
Peaches, plums and pears with a cherry on
top.

Doesn't matter what you're doing where
you start or how you stop
Life is a little bit better with a cherry on
top.

Nah nah nah nah nah banana
Nah nah nah
Nah nah nah nah nah banana
Nah nah nah

Doesn't matter what you're doing where
you start or how you stop,
Life is a little bit better with a cherry on
top.

Life is a little bit better with a cherry on
top.

Purchase a copy of Gorilla: <https://bit.ly/2K4zPpj>

For more activities, videos and resources, visit
polkathatre.com